

Comox Valley Skating Club Spring Schedule 2019

April 1st, 2019-May 16th, 2019
ALL SESSIONS AT SPORTS CENTER 2

Monday

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|-----------------|--------------------------------|
| 4:30pm – 5:15pm | Power Skate |
| 5:15pm – 6:00pm | Canskate |
| 6:00pm – 6:15pm | Flood |
| 6:15pm – 6:30pm | Stroking |
| 6:30pm – 7:00pm | Star 1 - 3 Group Lesson |
| 6:30pm – 7:30pm | Open Freeskate |

Tuesday

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|-----------------|--------------------------------------|
| 5:00pm – 5:50pm | Junior Academy |
| 5:50pm – 6:00pm | Junior Academy/Star 1 – 3 Stroking |
| 6:00pm – 6:30pm | Star 1 – 3 Group Dance/Skills |
| 6:30pm – 6:45pm | Flood |
| 6:45pm – 7:15pm | Spin/Creative Session |
| 7:15pm – 8:15pm | Open Freeskate |

Wednesday

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|-----------------|---------------------------|
| 6:30am – 6:45am | Stroking |
| 6:45am – 8:00am | Open Freeskate |
| 4:00pm – 4:30pm | Group Freeskate |
| 4:30pm – 5:15pm | Open Freeskate/Teen Skate |
| 5:15pm – 6:00pm | Canskate |

Thursday

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|-----------------|--|
| 5:00pm – 5:50pm | (NOTE – Schedule Change on May 9 th) Junior Academy |
| 5:50pm – 6:00pm | Junior Academy/Star 1-3 Stroking |
| 6:00pm – 6:45pm | Star 1 - 3 Group Lesson /Star 4 & up Freeskate |
| 6:45pm – 7:15pm | Star 1- Dance/Skills |
| 7:15pm – 7:30pm | Flood |
| 7:30pm – 7:45pm | Adult Group Lesson |
| 7:45pm - 8:30pm | Adult Session/Open Freeskate |

Friday

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|-----------------|----------------|
| 5:00pm – 5:30pm | Dance/Skills |
| 5:30pm – 6:15pm | Open Freeskate |

SCHEDULE SUBJECT TO CHANGE