

**Comox Valley Skating Club
2018-2019 Schedule
SEPTEMBER only**

Star Skate session

Notes

Monday

1	3:30pm - 4:15pm	Pre-season PowerSkate	Group Session
	4:15pm - 5:00pm	Star 1-3 Group Lesson & Star 4 & up Freeskate	Mixed Session
	5:00pm - 5:15pm	Star Skate Group Stations	Group Session
	5:15pm - 6:00pm	Open Session	Group Session

Tuesday

2	5:00pm - 6:00pm	Junior Academy	Group Session
	5:50pm - 6:00pm	Junior Academy/Star 1-3 Stroking	Group Session
	6:00pm - 6:30pm	Star 1 & Up Dance/Skills	Private Lessons Available
	6:30pm - 7:15pm	Star 1 & Up Freeskate	Private Lessons Available

Wednesday

3	6:30am - 6:45am	Star 1 & Up Stroking	Group Session
	6:45am - 8:00am	Star 1 & Up Open Session (Freeskate, Dance or Skills)	Private Lessons Available
4	4:00pm - 4:30pm	Star 1 & Up Stations	Group Session
	4:30pm - 5:15pm	Star 1 & Up Freeskate	Private Lessons Available
	5:15pm - 6:00pm	Pre-season PowerSkate	Group Session

Thursday

5A	5:00pm - 5:50pm	Junior Academy	Group Session
	5:50pm - 6:00pm	Junior Academy/Star 1-3 Stroking	Group Session
	6:00pm - 6:45pm	Star 1-4 Group	Group Session
	6:45pm - 7:00pm	Ice Clean	
5B	7:00pm - 7:15pm	Senior/Adult Stroking	Group Session
	7:15pm - 8:00pm	Senior/Adult Freeskate	Private Lessons Available

Saturday

6	8:00am - 8:15am	Stroking	Group Session
	8:15am - 9:15am	Star 1 & Up Open Session (Freeskate, Dance or Skills)	Private Lessons Available
	9:15am - 9:45am		Group Session
	9:45am - 10:30am	Pre-season PowerSkate	Group Session

Comox Valley Skating Club
Fall/Winter 2018-2019 Schedule
OCTOBER - MARCH

Star Skate session

Notes

Monday

1	3:30pm - 4:15pm	PowerSkate	Group Session
	4:15pm - 5:00pm	Star 1-3 Group Lesson & Star 4 & up Freeskate	Mixed Session
	5:00pm - 5:15pm	Star Skate Group Stations	Group Session
	5:15pm - 6:00pm	Canskate	Group Session

Tuesday

2	5:00pm - 6:00pm	Junior Academy	Group Session
	5:50pm - 6:00pm	Junior Academy/Star 1-3 Stroking	Group Session
	6:00pm - 6:30pm	Star 1 & Up Dance/Skills	Private Lessons Available
	6:30pm - 7:15pm	Star 1 & Up Freeskate	Private Lessons Available

Wednesday

3	6:30am - 6:45am	Star 1 & Up Stroking	Group Session
	6:45am - 8:00am	Star 1 & Up Open Session (Freeskate, Dance or Skills)	Private Lessons Available
4	4:00pm - 4:30pm	Star 1 & Up Stations	Group Session
	4:30pm - 5:15pm	Star 1 & Up Freeskate	Private Lessons Available
	5:15pm - 6:00pm	Canskate	Group Session

Thursday

5A	5:00pm - 5:50pm	Junior Academy	Group Session
	5:50pm - 6:00pm	Junior Academy/Star 1-3 Stroking	Group Session
	6:00pm - 6:45pm	Star 1-4 Group	Group Session
	6:45pm - 7:00pm	Ice Clean	
5B	7:00pm - 7:15pm	Senior/Adult Stroking	Group Session
	7:15pm - 8:00pm	Senior/Adult Freeskate	Private Lessons Available

Saturday

6	8:00am- 8:15am	Stroking	Group Session
	8:15am - 9:15am	Star 1 & Up Open Session (Freeskate, Dance or Skills)	Private Lessons Available
	9:15am - 9:45am	Pre-School	Group Session
	9:45am - 10:30am	Canskate	Group Session